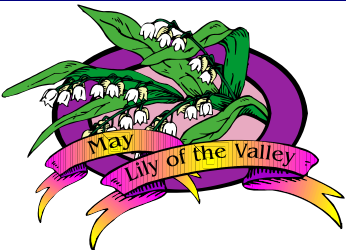

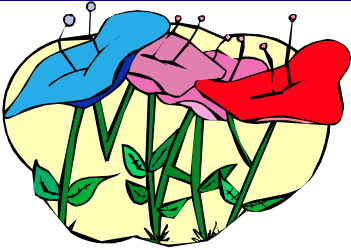




# SENIOR COMMUNITY CAFÉ CALENDAR CONGREGATE MAY-2014



| MONDAY |   | TUESDAY |   | WEDNESDAY |   | THURSDAY |   | FRIDAY |   |
|--------|---|---------|---|-----------|---|----------|---|--------|---|
|        |    |         |    |           |   | 1        | Cran-Orange Juice<br>Roast Turkey w/Gravy<br>Cornbread Stuffing<br>Peas & Diced Carrots<br>Cranberry Sauce<br>Wheat Dinner Roll<br>Fruit Cocktail                     | 2      | Macaroni & Cheese<br>Stewed Tomatoes & Zucchini<br>Tossed Salad w/Tomatoes & Cucumbers<br>Italian Dressing<br>Club Roll<br>Peaches & Pears  |
| 5      | Meatloaf w/Vegetable Gravy<br>Garlic Smashed Potatoes<br>Whole Green Beans<br>100% Whole Wheat Bread<br>Fruit Cocktail                            | 6       | Buttercrumb Fish Filet On<br>Multi-Grain Roll<br>Baked Sweet Potatoes<br>Hawaiian Coleslaw<br>Tarter Sauce<br>Fresh Fruit               | 7         | Hearty Vegetable Soup<br>Cheesy Vegetable Lasagna<br>Mixed Salad Greens w/Tomatoes, Cucumbers & Onions<br>Raspberry Vinaigrette Dressing<br>Club Roll<br>Pineapple Tidbits & Mandarins                  | 8        | Orange Juice<br>Roast Beef w/Gravy<br>Mashed Potatoes w/Chives<br>Mixed Vegetables<br>Wheat Bread<br>Peach/Cherry Crisp   | 9      | <b>CRT MOTHER'S DAY MEAL</b><br>Cran-Apple Juice<br>Sage-Stuffed Chicken Breast w/Gravy<br>Rice Pilaf<br>Peas & Pearl Onions<br>Dinner Roll<br>Frosted Cake                               |
| 12     | Minestrone Soup<br>Grande Cheese Ravioli w/Tomato Sauce<br>Salad Greens w/Tomatoes & Cucumbers<br>French Dressing<br>Italian Bread<br>Fresh Fruit | 13      | Braised Beef w/Onions,Peppers & Mushrooms<br>Egg Noodles<br>California Blend Vegetables<br>Wheat Dinner Roll<br>Tropical Fruit          | 14        | Roast Turkey w/Gravy<br>Parslied Potatoes<br>Whole Baby Carrots<br>12-Grain Bread<br>Sliced Peaches & Pears   | 15       | Country Style Vegetable Soup<br>Tuna Fish Salad On<br>Onion Deli Roll<br>Leaf Lettuce<br>Sliced Tomatoes<br>3-Bean Salad<br>Sweet Potato Fries<br>Lorna Doone Cookies | 16     | Veal Piccata<br>Mashed Potatoes<br>Capri Blend Vegetables<br>100% Whole Wheat Bread<br>Pineapple Tidbits  |
| 19     | Orange-Pineapple Juice<br>Mandarin Chicken<br>White & Brown Rice<br>Oriental Vegetables<br>Wheat Bread<br>Banana Pudding w/Vanilla Wafers         | 20      | Mediterranean Soup<br>Breaded Pork Steak w/Broth<br>Scalloped Potatoes<br>Collard Greens<br>Pumpnickel Bread<br>Applesauce              | 21        | <b>CRT MEMORIAL DAY MEAL</b><br>Cran-Orange Juice<br>Frankfurter on Frankfurter Roll<br>Baked Beans<br>Red/Green Cabbage Coleslaw<br>w/Shredded Carrots<br>Mustard, Relish, Ketchup<br>Fresh Watermelon | 22       | Roast Turkey w/Gravy<br>Cut-Up Sweet Potatoes<br>Vegetable Medley<br>Cranberry Sauce<br>Wheat Dinner Roll<br>Sliced Peaches   | 23     | Corn Chowder<br>Fish Florentine<br>Rice Pilaf<br>Beets<br>Tartar Sauce<br>Saltine Crackers<br>Rye Bread<br>Fruit Cocktail   |
| 26     | <b>CLOSED IN OBSERVANCE OF<br/>MEMORIAL DAY</b>   | 27      | Baked Boneless Chicken w/Divan Sauce<br>Oven Roasted Potatoes<br>Scandinavian Blend Vegetables<br>100% Whole Wheat Bread<br>Fresh Fruit | 28        | American Chop Suey<br>Sliced Carrots<br>Spinach Salad w/Mandarin Oranges<br>Raspberry Viniagrette Dressing<br>Club Roll<br>Pineapple Tidbits  | 29       | Apricot Glazed Pork Loin<br>w/Broth<br>Oriental Style Rice<br>Broccoli Spears<br>Rye Bread<br>Tropical Fruit  | 30     | Chicken Vegetable Soup<br>Almond Cranberry Chicken Salad<br>On Star Roll<br>Italian Pasta Salad<br>Cucumbers & Tomato Salad<br>Saltines<br>Pound Cake<br>Sliced Peaches w/Whipped Topping |

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of **age or older and their spouses.**

**All meals are served with milk, bread and margarine. DONATIONS: \$2.50 (or whatever you can afford)**